

# Instant-View<sup>®</sup> Pregnancy Urine Test (Dip-Strip)



**One Step Assay**  
**Rapid Visual Results**  
**For Qualitative In Vitro Diagnostic Use**

## INTENDED USE

*Instant-View<sup>®</sup>* Pregnancy Urine Dip-Strip Test is a qualitative immunoassay for the detection of human chorionic gonadotropin (hCG) in human urine for the early detection of pregnancy. It is for health care professional use only and not for self testing.

## SUMMARY AND EXPLANATION OF THE TEST

This pregnancy test is based on the detection of the human chorionic gonadotropin (hCG) in urine. hCG is a hormone produced by the placenta. In normal subjects, hCG in urine provides an early indication of pregnancy.<sup>1</sup> The *Instant-View<sup>®</sup>* Pregnancy Urine Dip-Strip Test uses a monoclonal antibody specific to hCG in a one-step lateral flow chromatographic immunoassay to accurately detect hCG at the level close to or greater than 25 mIU/ml (WHO 3<sup>rd</sup> IS 75/537).

## PRINCIPLE OF THE PROCEDURE

This assay is a one-step lateral flow chromatographic immunoassay. The test strip includes: 1) a conjugate pad containing mouse monoclonal anti-hCG antibody conjugated to colloidal gold and 2) nitrocellulose membrane containing a test line (T line) and a control line (C line).

The T line is coated with an anti-hCG capture antibody. When an adequate amount of specimen is applied to the sample pad of the device, hCG in the specimen binds to sites on the antibody-gold conjugate in the conjugate pad and migrates along the membrane strip. If the specimen contains hCG at a level close to or greater than 25 mIU/ml, enough of the hCG will bind to the capture antibody coated on the T line to form a burgundy-colored band. If the specimen does not contain hCG or the hCG level is below the detectable level, the T line will not develop.

The C line is coated with goat anti-mouse antibody, which should bind to the gold-antibody conjugate and form a burgundy colored line regardless of the presence of hCG.

## REAGENTS AND MATERIALS SUPPLIED

- 50 test strips each sealed in a pouch with desiccant.
- 1 package insert (Instructions for Use).

## MATERIAL REQUIRED BUT NOT PROVIDED

- Specimen collection container
- Timer

## STORAGE AND STABILITY

Store the kit at room temperature 15-30°C (59-86°F). Do not use the devices if they were frozen and/or exposed to the temperature over 30°C.

Each device may be used until the expiration date if it remains sealed in its foil pouch containing desiccant.

## SPECIMEN COLLECTION

1. Each urine specimen must be collected in a clean container.
2. Specimens may be kept at 15-30°C (59-86°F) for 8 hours, at 2-8°C for up to 3 days and at -20°C or lower for prolonged storage. Do not mix stored samples.

## PRECAUTION

1. **The instructions must be followed to obtain accurate results.**
2. This test is for professional in vitro diagnostic use only.
3. Do not open the sealed pouch unless ready to conduct the assay.
4. Do not use expired devices.
5. Dispose of all specimens and used assay materials as potentially biohazardous.

## ASSAY PROCEDURE

1. Refrigerated specimens and other test materials including device, **must be equilibrated to room temperature before testing.**
2. Remove a dip-strip from the pouch. Label the test and sample container (not provided), accordingly.
3. Hold the dip strip vertically from the handle end. Dip the sample pad in the specimen for about 10 seconds. Keep the specimen surface at the level indicated by the arrow sign on the test.
4. Remove the test from specimen, place it on a flat, dry surface.
5. Strong positive results may be observed in 2-3 minutes. Weak positive results may take a longer time, up to 5 minutes, to develop.

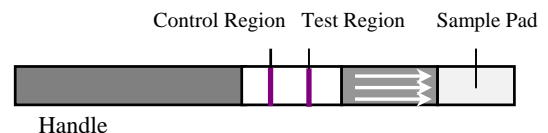
**IMPORTANT: Do not interpret the results after 10 minutes.**

## INTERPRETATION OF RESULTS

### Positive:

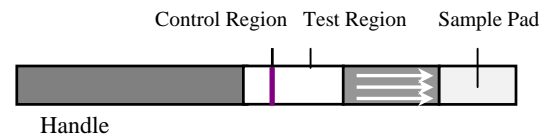
If both C line and T line appear in the viewing area, the test indicates that hCG was detected in the specimen.

**Samples with positive results should be confirmed with a more specific method before a positive determination is made.**<sup>2,4</sup>



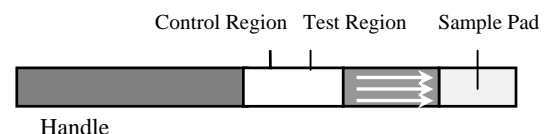
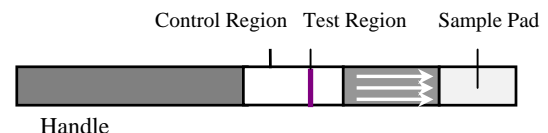
### Negative:

If only the C line appears, the test indicates that the hCG level in the specimen is not detectable and the result is negative. **If pregnancy is suspected, repeat the test after 2 to 3 days with a new device and fresh sample.**



### Invalid:

If no band is visible in the control region within 5 minutes, repeat the assay with a new test device.



## QUALITY CONTROL

### Built-in Control

The *Instant-View<sup>®</sup>* Pregnancy Urine Dip-Strip Test contains a built-in control feature, the C line. The appearance of the burgundy C line indicates that the test has been performed correctly; specifically an adequate volume of specimen has been absorbed and capillary flow has occurred. The C line should always appear regardless of the presence of hCG. If the C line does not develop within 5 minutes, the result is invalid. In this case, review the procedure and repeat test with a new device.

### External Quality Control

Good Laboratory Practice recommends using external controls, positive and negative, to assure the proper performance of the assay.

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## LIMITATIONS

1. This kit is not intended for any use other than early detection of pregnancy.
2. HCG may be detectable in some conditions other than normal pregnancy, that should be ruled out when diagnosing pregnancy.<sup>2,3</sup>
  - Low titer elevations of hCG can occur in normal, non-pregnant subjects.
  - Ectopic pregnancy cannot be distinguished from normal pregnancy from hCG measurements alone.
  - Positive hCG levels may be detectable for several weeks following delivery or abortion.
3. The results must be evaluated with other data by a physician before diagnosing pregnancy.

## EXPECTED VALUES

This test is capable of detecting hCG at a level as low as 25 mIU/ml (WHO 3<sup>rd</sup> IS 75/537) or the first day of a missed period and no sooner. In normal subjects, hCG in urine provides an early indication of pregnancy. In a 28 day cycle with ovulation occurring at day 14, hCG can be detected in urine in minute quantities around day 23, or 5 days before the expected menstruation. The hormone concentration doubles approximately every 2 days and peaks between 7-12 weeks after the first day of the last menstrual period with a mean concentration of 50,000 mIU/ml. Concentrations as high as 100,000 mIU/mL have been reported in normal pregnancies during the first trimester.<sup>1</sup>

## PERFORMANCE CHARACTERISTICS

### 1. Sensitivity

The *Instant-View*<sup>®</sup> Pregnancy Urine Dip-Strip Test will display positive results with specimens containing hCG at the level close to or greater than 25 mIU/ml.

The test is standardized to the WHO 3rd IS 75/537.

### 2. Accuracy

#### • Samples studied

Pooled urine specimens from forty healthy non-pregnant humans were spiked with hCG to concentrations of 0, 15, 20, 25, 30, 35, 50, 100 mIU/ml with 5 replicates each. All specimens were blind labeled.

#### • Comparison studies

Comparison studies on the *Instant-View*<sup>®</sup> Pregnancy Urine Dip-Strip Test with a legally marketed device were performed in-house and in a clinical reference laboratory. Positive and negative results were compared. The correlation of the results in the comparison study was 100%.

#### • Physician's Office Laboratory (POL) Studies

The device was evaluated at three POL sites by persons with diverse educational backgrounds and work experiences. The results from all three POL sites agreed 100%.

### 3. Specificity

The  $\alpha$  subunit of hTSH, hLH, and hFSH is similar to or greater than that of hCG, which may cause cross reactivity between those hormones (4). High physiological concentrations of hTSH (up to 1,000  $\mu$ IU/ml), hLH (up to 300 mIU/ml), and hFSH (up to 1,000 mIU/ml) spiked in hCG positive (spiked to 25mIU/ml) and negative specimens were tested, separately, in the *Instant-View*<sup>®</sup> Pregnancy Urine Dip-Strip Test, and did not affect the expected results in that study.

### 4. Interfering Substances

The following analytes spiked in urine pools containing 0, or 25mIU/ml hCG (WHO 3<sup>rd</sup> IS) were tested, separately, in the *Instant-View*<sup>®</sup> Pregnancy Urine Dip-Strip Test, and did not affect the expected results.

## Chemical Analytes

Description	Concentration
Acetoacetic Acid	2,000 mg/dL
Acetaminophen	20 mg/dL
Acetylsalicylic Acid	20 mg/dL
Ascorbic Acid	20 mg/dL
Benzoyllecgonine	10 mg/dL
Caffeine	20 mg/dL
Cannabinol	10 mg/dL
DMSO	5%
EDTA	80 mg/dL
Ephedrine	20 mg/dL
Ethanol	1%
Gentisic Acid	20 mg/dL
Methadone	10 mg/dL
Methanol	10%
Phenothiazine	20 mg/dL
Phenylpropanolamine	20 mg/dL
Salicylic Acid	20 mg/dL
$\beta$ -Hydroxybutyrate	2,000 mg/dL
Uric Acid	20 mg/dL

## Biological Analytes

Description	Concentration
Albumin (serum)	2,000 mg/dL
Bilirubin	1,000 $\mu$ g/dL
Hemoglobin	1,000 $\mu$ g/dL
Glucose	2,000 mg/dL
pH	5-9

## Bacteria

Description	Concentration
E. Coli	10 <sup>8</sup> CFU/mL
Group B streptococcus	2.5x 10 <sup>8</sup> CFU/mL
Chlamydia trachomatis	10 <sup>4</sup> IFU/mL

## REFERENCES

1. Braunstein GD, Grodin JM, Vaitukaitis J and Ross GT. Secretory rates of human chorionic gonadotropin by normal trophoblast. *American Journal of Obstetrics and Gynecology*, 115:447-50, 1973.
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3. Borkowski A and Muquardt C. Human chorionic gonadotropin in the plasma of normal, non-pregnant subjects. *N Engl J Med*. 1979, 301: 298-302.
4. Ross GT. Clinical relevance of research on the structure of human chorionic gonadotropin. *American Journal of Obstetrics and Gynecology* 1977; 129:795

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